

HOW TO ANSWER THE HARD QUESTION.

I firmly believe that people, even family members, do not intentionally ask triggering questions to hurt you. Still, they must know how big of a question they are asking.

At the beginning of this short guide, I want to remind you that in the eyes of Jesus, your family, just as it is with none, one or a dozen kids, is enough for Him. You owe no one a justification or answer. He is yours, and you are His; that is enough.

Without me even saying it, we already know the question I am implying, the one **we all cringe at because this fight isn't public; it is a closed-door, sometimes silent fight.**

We're never ready for it, but as we gather more during the holidays, the over-curious relative, co-worker or even stranger asks you something personal or private, and sometimes we try to be polite. Still, the topic is none of their business.

- **When are you having kids?**
- **Are you sure you want him/her to be an only child? When are you having another?**
- **Are you done having kids?**
- **What are you waiting for? You aren't getting any younger?**

I am sure you can relate. These have all been asked of me by people who love me dearly and strangers alike during one of the most challenging seasons of miscarriages. **Our last of three miscarriages was over Thanksgiving weekend.**

How do you respond?

Mother in waiting, grieving, or simply in the middle of healing, I hope these simple but direct responses to an overwhelming question after loss or uncertainty. I do not have your answers in a season of waiting, but don't give up; keep your hope; the wait is hard but worth it.

- **It's taken our family a lot to get to this point. I'm focusing on where we are now.**
- **That's a big hard question. I'm not ready to answer that.**
- **We've been through a lot and lost a pregnancy(s). I have fought hard for my health and am not ready to explore children at this time.**
- **I'm not open to discussing that topic. We're leaning in on the Lord's timing and trusting His plan for our family.**

Before we close and go out to be with family or among social gatherings this season, my prayer for you in a season of unknown and grief.

Lord, this season is filled with pain and waiting. It is unbearable at times. I ask you boldly to give me the strength to be present and not hide from uncomfortable circumstances with the ability to hold tight to your promise that I am enough just as I am. My love or worth does not rely on my ability to be a mother on this side of heaven. Lord, be with me and carry me through the difficulties and hardness of my circumstances through your grace and redemptive love. Amen