

Andre Hairston's Cardio Craze - December 2014

Cornwell Center Gym - 2001 Selwyn Avenue, Charlotte, NC 28207

\$5 each per class. Complimentary Child Care available only on Saturdays.

Classes are also held at Fitness Connection Ballantyne & Indian Trail, as well as the Morrison YMCA.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 <i>-No Wed classes due to basketball season. Will resume after the season ends.-</i>	4	5	6 9:30am - \$5/each Cornwell Center Gym
7 3:30pm - \$5/each Cornwell Center Gym	8	9	10 <i>-No Wed classes due to basketball season. Will resume after the season ends.-</i>	11	12	13 9:30am - \$5/each Cornwell Center Gym
14 3:30pm - \$5/each Cornwell Center Gym	15	16	17 <i>-No Wed classes due to basketball season. Will resume after the season ends.-</i>	18	19	20 9:00-10:30am \$5 each Cornwell Center Gym
21 3:30pm - \$5/each Cornwell Center Gym	22	23	24 <i>-No Wed classes due to basketball season. Will resume after the season ends.-</i>	25	26	27 9:30am - \$5/each Cornwell Center Gym
28 3:30pm - \$5/each Cornwell Center Gym	29	30				