

Andre Hairston's Cardio Craze

August 2017

THE CORNWELL CENTER
 2001 Selwyn Ave. Charlotte, NC 28207
 \$5 each per class.

Please Note:
 NO CARDIO CRAZE CLASSES ON SUNDAYS!!!

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1	2	3	4	5 8:30am - \$5/each Cornwell Gym
6 NO CLASS TODAY	7	8	9	10	11	12 8:30am - \$5/each Cornwell Gym
13 NO CLASS TODAY	14	15	16	17	18	19 8:30am - \$5/each Cornwell Gym
20 NO CLASS TODAY	21	22	23	24	25	26 8:30am - \$5/each Cornwell Gym
27 NO CLASS TODAY	28	29	30	31		