

baby booty



twins can be a handful!

Do John and Gus play much with their big brother Oliver? “Not yet,” Bowen says. “Oliver’s 3. He mostly likes things with wheels.”



modern mom julie bowen

Julie Bowen, who plays harried mother Claire on ABC’s *Modern Family*, had a 1-year-old son, Oliver, when she learned she was pregnant with her twins, John and Gus. “I was terrified,” she admits. And although she now has three boys ages 3 and younger, she’s achieved some balance. “When I’m at work, I’m at work. When I’m home, I’m really with them,” she says. “I’m doing the best I can.”

Bowen went into labor with eldest son Oliver while shooting a birth scene for *Boston Legal*. “A strange experience!”



“While pregnant, I craved sour candy—the kind that hurts your mouth. And I’d weep if the 7-Eleven ran out of Smartfood!”



Bowen saves space by using Phil & Ted’s MeToo seats as high chairs (\$50; amazon.com).

“The flu is not a cold,” says Bowen, a spokesperson for flu prevention. “I need to limit my sons’ exposure to danger; if I can do so with something **as simple as a flu shot**, I’ll start there.” (Find vaccine centers at facesofinfluenza.org.)



GOOD ENOUGH!

One of my ultrasound technicians told me to **give parenting about**

75%

if I wanted to like my kids and have them like me. I make sure the boys are acquainted with green vegetables and sleep well, and after that, I just try to enjoy them.

SKIN SECRET

I put **A+D Ointment** all over the kids. I smear it on their irritated butts, elbows, cheeks, lips—absolutely everywhere!

“It was a sad day when we laid down and bought our minivan. Yet now I love it. It’s basically our happy place. If you’re going to spend a lot of time driving around with kids, do it in comfort.”