



Vishuddha Yoga Teacher Training Program Dates

Start Date: *Friday, September 18th, 2015*

Note: Training Dates are highlighted in **Yellow**.
Friday sessions are 6-9pm. Saturday sessions are 11am-7pm.

September 2015								October 2015								November 2015								December 2015							
W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S
36			1	2	3	4	5	40					1	2	3	45	1	2	3	4	5	6	7	49			1	2	3	4	5
37	6	7	8	9	10	11	12	41	4	5	6	7	8	9	10	46	8	9	10	11	12	13	14	50	6	7	8	9	10	11	12
38	13	14	15	16	17	18	19	42	11	12	13	14	15	16	17	47	15	16	17	18	19	20	21	51	13	14	15	16	17	18	19
39	20	21	22	23	24	25	26	43	18	19	20	21	22	23	24	48	22	23	24	25	26	27	28	52	20	21	22	23	24	25	26
40	27	28	29	30				44	25	26	27	28	29	30	31	49	29	30						53	27	28	29	30	31		
January 2016								February 2016								March 2016								April 2016							
W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S
53						1	2	5		1	2	3	4	5	6	9			1	2	3	4	5	13						1	2
1	3	4	5	6	7	8	9	6	7	8	9	10	11	12	13	10	6	7	8	9	10	11	12	14	3	4	5	6	7	8	9
2	10	11	12	13	14	15	16	7	14	15	16	17	18	19	20	11	13	14	15	16	17	18	19	15	10	11	12	13	14	15	16
3	17	18	19	20	21	22	23	8	21	22	23	24	25	26	27	12	20	21	22	23	24	25	26	16	17	18	19	20	21	22	23
4	24	25	26	27	28	29	30	9	28	29						13	27	28	29	30	31			17	24	25	26	27	28	29	30
5	31																														
May 2016								June 2016								July 2016								August 2016							
W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S	W.	S	M	T	W	T	F	S
18	1	2	3	4	5	6	7	22				1	2	3	4	26					1	2	31		1	2	3	4	5	6	
19	8	9	10	11	12	13	14	23	5	6	7	8	9	10	11	27	3	4	5	6	7	8	9	32	7	8	9	10	11	12	13
20	15	16	17	18	19	20	21	24	12	13	14	15	16	17	18	28	10	11	12	13	14	15	16	33	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	25	19	20	21	22	23	24	25	29	17	18	19	20	21	22	23	34	21	22	23	24	25	26	27
22	29	30	31					26	26	27	28	29	30		30	24	25	26	27	28	29	30	35	28	29	30	31				
															31	31															